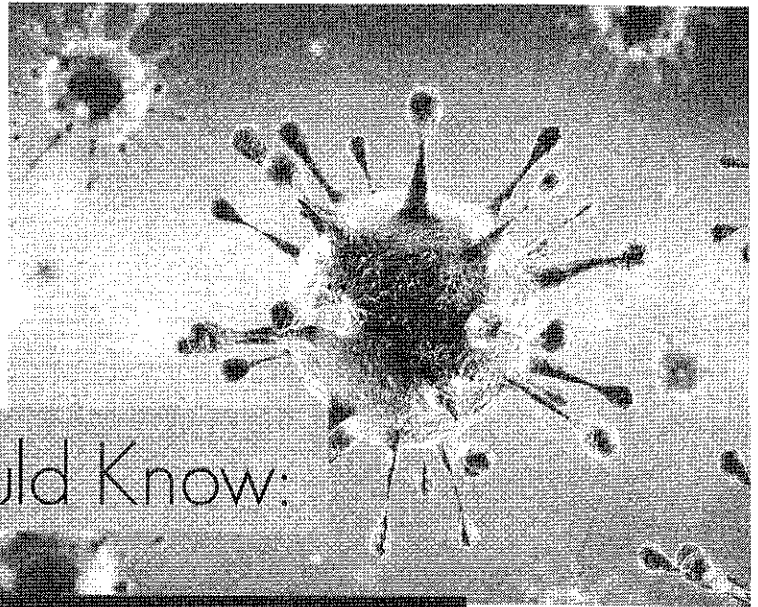


COVID-19 CORONAVIRUS



Here's What You Should Know:

THE OVERALL IMMEDIATE THREAT TO FLORIDA PUBLIC REMAINS LOW

HOW IT SPREADS

COVID-19 can spread from person to person through small droplets from the nose or mouth, including when an individual coughs or sneezes. These droplets may land on objects and surfaces. Other people may contract COVID-19 by touching these objects or surfaces, then touching their eyes, nose or mouth.

SYMPTOMS*

- Fever
- Cough
- Shortness of breath

*Symptoms may appear in as few as two days or as many as 14 days following exposure. Most people recover from the COVID-19 without needing special treatment. The elderly and those with underlying medical problems like high blood pressure, heart problems and diabetes, are more likely to develop serious illness.

VACCINATION

There is currently **NO** Vaccine to prevent COVID-19.

PREVENTION

The best way to prevent illness is to avoid being exposed to this virus. As a reminder, the Florida Department of Health always recommends the following everyday preventive actions:



1 AVOID CLOSE CONTACT WITH PEOPLE WHO ARE SICK



2 STAY HOME WHEN YOU ARE SICK and avoid contact with persons in poor health



3 AVOID TOUCHING YOUR EYES, NOSE AND MOUTH with unwashed hands



4 COVER YOUR COUGH OR SNEEZE with a tissue, then dispose of the tissue



5 WASH YOUR HANDS OFTEN WITH SOAP AND WATER for at least 20 seconds, especially after going to the bathroom, before eating, after blowing your nose, coughing or sneezing

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.



6 CLEAN & DISINFECT frequently touched objects and surfaces using a regular household cleaning spray or wipe

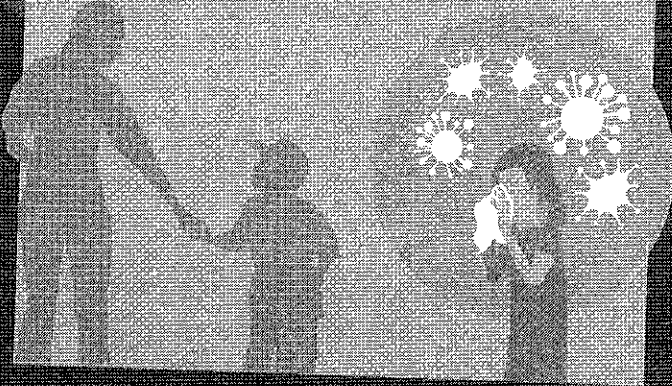
For more information, please visit the Department's dedicated COVID-19 webpage at www.FloridaHealth.gov/COVID-19. This remains the best and most up-to-date resource for information and guidance regarding Florida. You can also contact the dedicated Call Center by calling 1-866-779-6121. The Call Center is available Monday through Friday, 8AM to 5PM.

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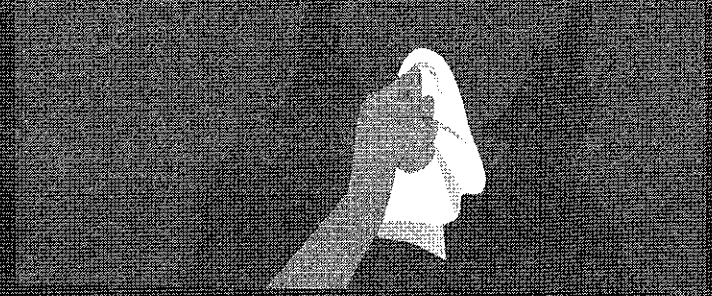
STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



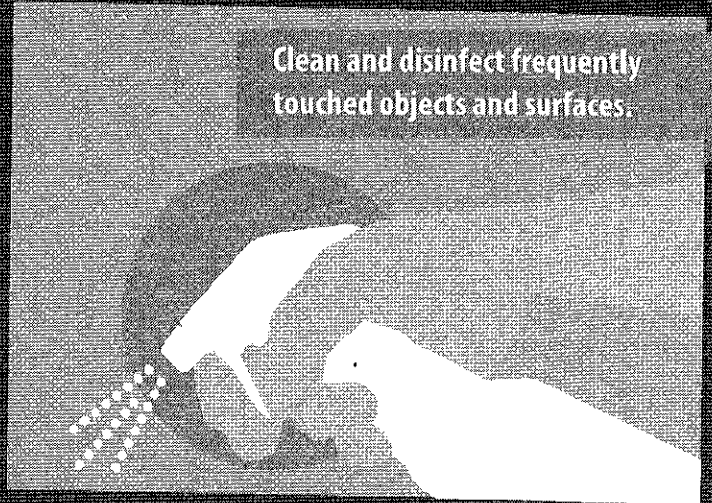
Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



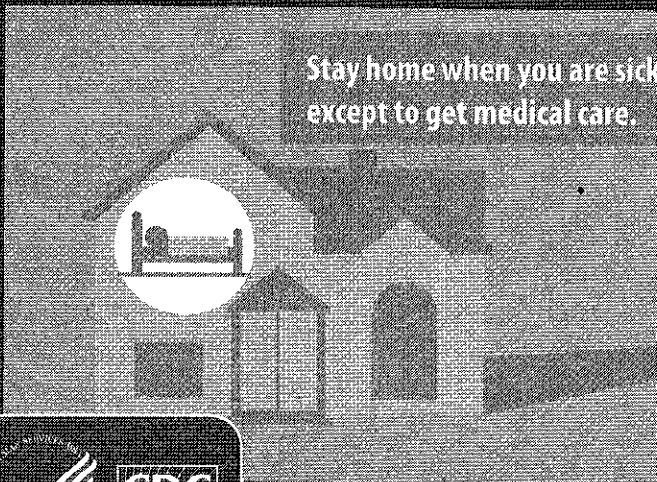
Avoid touching your eyes, nose, and mouth.



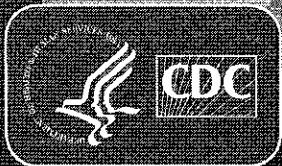
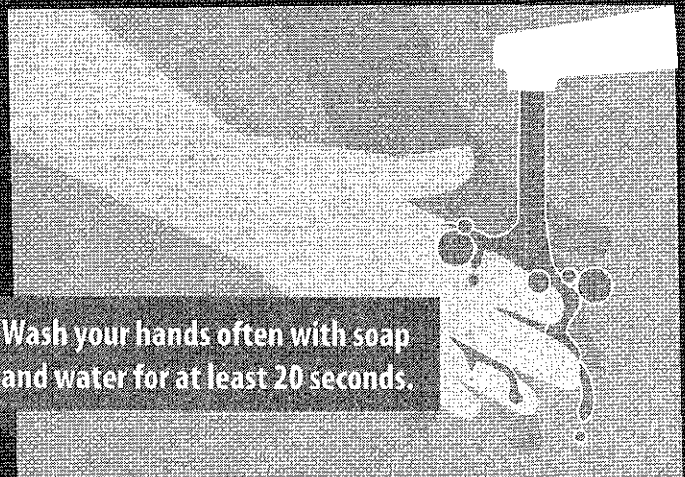
Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



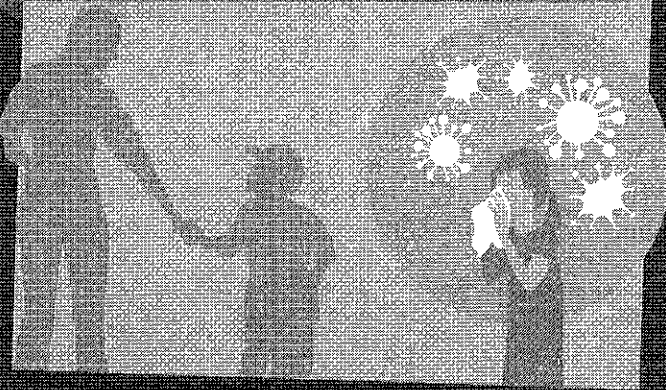
For more information: www.cdc.gov/COVID19

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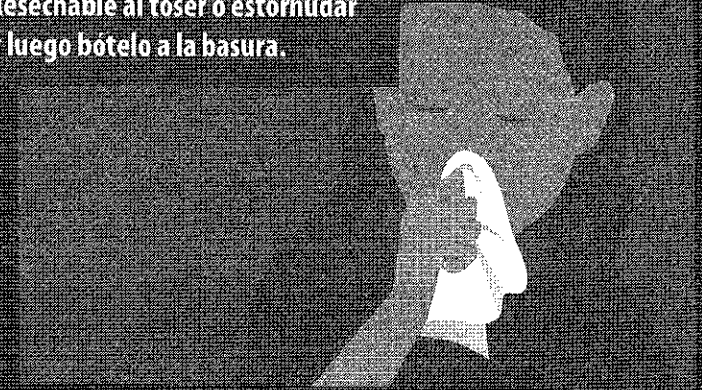
DETENGA LA PROPAGACIÓN DE LOS MICROBIOS

Ayude a prevenir la propagación de virus respiratorios como el nuevo COVID-19.

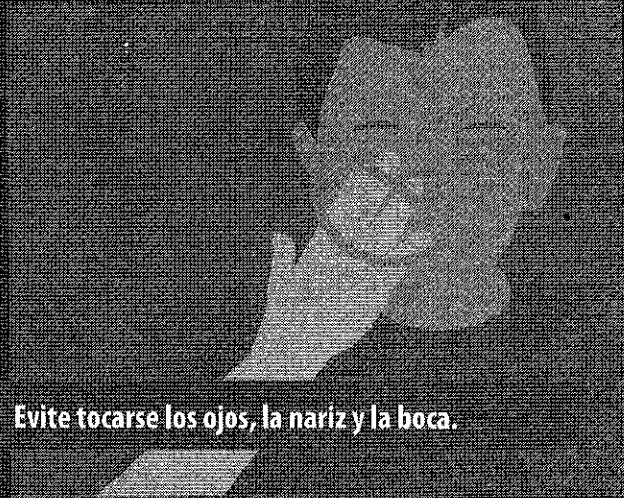
Evite el contacto cercano con las personas enfermas.



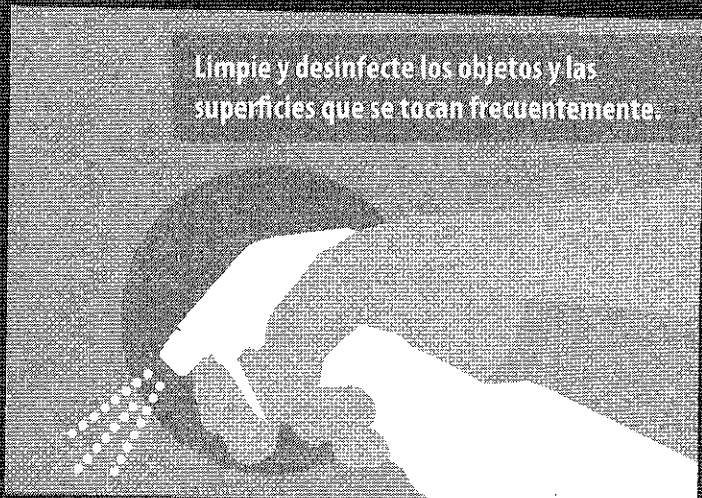
Cúbrase la nariz y la boca con un pañuelo desechable al toser o estornudar y luego bótelo a la basura.



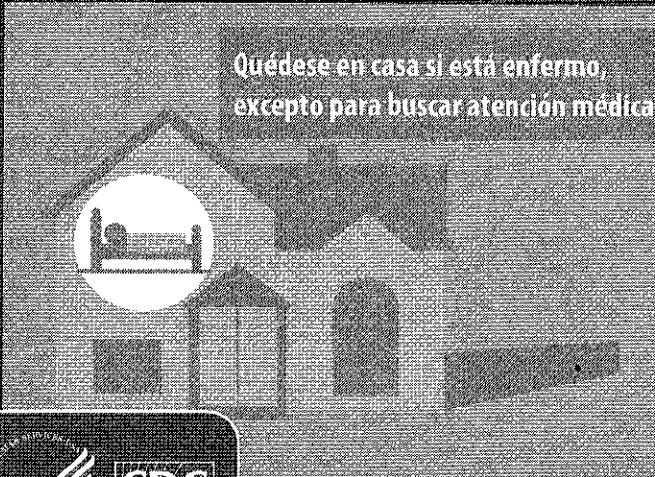
Evite tocarse los ojos, la nariz y la boca.



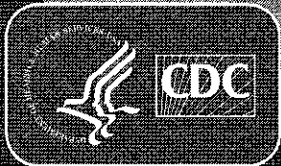
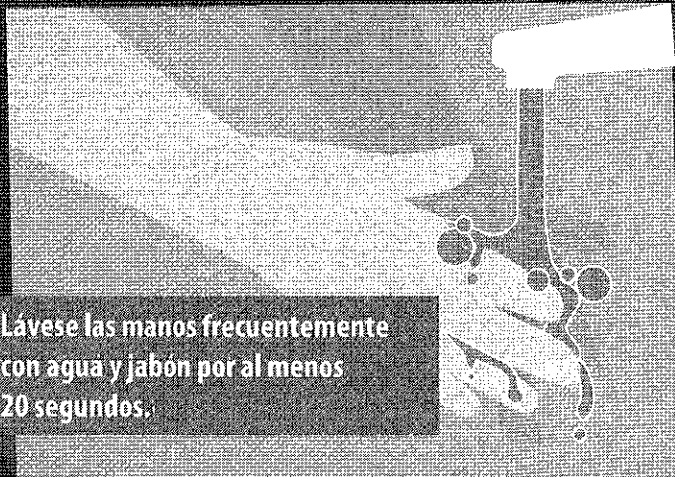
Limpie y desinfecte los objetos y las superficies que se tocan frecuentemente.



Quédese en casa si está enfermo, excepto para buscar atención médica.



Lávese las manos frecuentemente con agua y jabón por al menos 20 segundos.



Para obtener más información: www.cdc.gov/COVID19-es